



RHACC

Richmond and Hillcroft
Adult Community College

**SUPPORTED LEARNING
COURSE GUIDE**



SUPPORTED LEARNING

COURSES FOR
ADULTS WITH SPECIAL
EDUCATIONAL NEEDS
AND DISABILITIES

RHACC.AC.UK



EDUCATION FOR EVERYONE

WHAT YOU WILL
LEARN AT COLLEGE:



Making friends



How to cook



How to
get a job



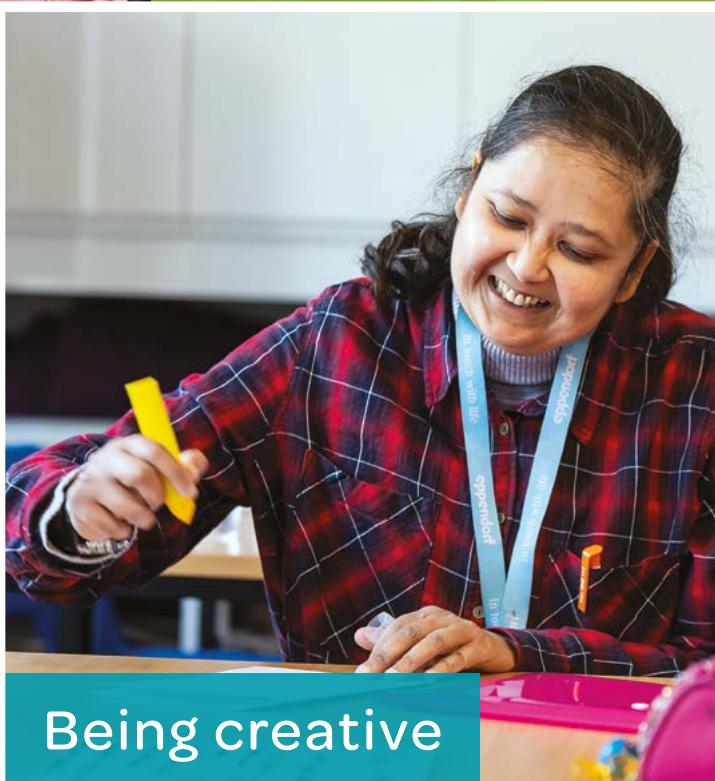
How to look
after yourself



Working together



Getting help
from your teacher



Being creative



Maths and English



How to use
computers



Singing, dancing
and acting

EXPERTS IN SUPPORTED LEARNING



RHACC has been awarded a Good Grade by OFSTED. It was noted that vulnerable learners were well supported and are prepared well to participate in college life. We offer small class sizes and are focused on outcomes that help learners gain independence.

- A wide range of courses to develop skills for everyday life.
- You can choose from short or longer term courses to fit in with your needs.
- You will be taught in a small class of usually no more than 10 learners.
- We build your confidence to help you develop yourself in your world outside of college.
- We have experienced, knowledgeable and skilled tutors.
- We offer supportive and caring Learning Support Workers (LSWs).
- You will enjoy mixing with other students whilst learning.
- You will have opportunities to visit local businesses, shops and community centres.



HOW TO ENROL

RHACC offers a variety of courses for adults 19+ with special educational needs and disabilities.

You can find out about our full range of supported learning courses by contacting the Programme Manager on **020 8891 5907 ext. 5012** or email **supportedlearning@rhacc.ac.uk**

For Merton courses contact us at: **mertonoutreach@rhacc.ac.uk** or call **07956 934469**.



FUNDING AND HELP WITH COSTS

MOST OF OUR SUPPORTED LEARNING COURSES **ARE FREE TO ATTEND**

If you need a support worker in class, we can usually provide this for free as well. A few of our courses have a fee because they are just for fun, but bursaries are available for learners who need them.

HELP WITH **TRANSPORT FEES**

Travel and transport costs are usually provided by your local council, but if you usually travel on public transport and are worried about this because of the COVID-19 situation, please discuss this with us, as we may be able to pay for the costs of a taxi during the current situation.

If you are facing financial difficulties, we may also be able to provide help to pay for your lunch whilst you attend College. Please talk to us about any financial help that you need.



COURSES IN **RICHMOND AND HILLCROFT**

Courses generally run Monday–Friday during the day, and occasionally at weekends or in the evening. Check online for details.

ART AND DESIGN | Enjoy being creative



ART AND COMMUNICATION

This course uses art to help you improve your language and communication skills.



CREATIVE ARTS

You will learn painting and drawing as well as making models and pictures with different materials.



GARDENING

You will learn about vegetables and herbs that you can grow at college and at home. The course covers how to plant and what you need to buy to help your plants grow. This course will also help you with communication and number skills.



PLANET AND THE ENVIRONMENT

You will learn about how to recycle and reuse materials and how our waste affects the planet. We will teach you how to reduce waste and reuse items rather than throwing them away.



WORLD OF FASHION

This course will teach you about fashion and the industry itself. You will learn how to create your own style and also how to upcycle your old clothes to create new ones.

EXERCISE AND DANCE | Keep fit and healthy



MUSIC AND DRAMA

This enjoyable course helps you to show your talents in singing, dancing and acting. You will learn to work together and support each other.



WORLD OF SPORT AND COMMUNICATION

This fun course uses sport and exercise to keep you fit and healthy, help you work as a team and improve your communication.

VOCATIONAL AND INDEPENDENT LIVING | Learn to look after yourself



BEAUTY AND SELF CARE

You will learn how to take care of yourself – keeping clean, using beauty products, looking and feeling good.



COMPUTERS AND COMMUNICATION

This course will teach you how to use a computer, an iPad and some of the functions on your smart phone. You will learn how to send emails, use Word and how to save documents.



COOKERY

This course will teach you how to shop for ingredients, plan meals and cook. You will also learn about health and safety and how to prepare food in a catering environment which will give you skills to help you find work in the industry. You will also improve your communication and Maths skills.



CURRENT AFFAIRS AND CITIZENSHIP

Learn about what is in the news, what is happening in your local area and in the world.



INDEPENDENT LIVING SKILLS

This course will help you to develop your independence, personal and social skills so you can learn to look after yourself when you live away. You will learn about money, keeping yourself and your room clean, washing and keeping yourself safe.



WORLD OF WORK

This course will teach you how to be a good employee. You will learn about being on time, talking to people, writing and working together.



COURSES IN **MERTON COMMUNITY CENTRES**

These courses are at different centres in the community, you can check course details online for locations. Courses are usually run during term time and range from 5–10 weeks in the following areas:



ARTS AND CRAFTS

In this course you will learn the skills to make your own arts and crafts pieces. We also offer specialist courses if you have Dementia to help trigger memories, or learn about art and make your own work.



COMMUNITY AND DEMOCRACY

Find out about your community, learn how you can vote, what goes on in parliament and issues that may effect you, such as recycling.



COMPUTER SKILLS

Learn how to use computers, tablets and smartphones in your everyday life. You can also learn new software that could help you get a job.



COOKERY AND CATERING

You will learn how to cook and prepare food at home as well as learning the skills that could help you get a job in a kitchen or café.



DANCE

Learn some practical performance skills to help you dance and use rhythm. Gain confidence to take part in a performance.



DIGITAL PHOTOGRAPHY

Learn how to take pictures using a digital camera or a smartphone. A practical course to help you take good pictures and images.



DRAMA

A practical course to help you with your acting skills stand up and give a performance.



EMPLOYMENT SKILLS/CUSTOMER SERVICE

You will learn how to apply for a job, how to behave at work and how to serve customers.



EXERCISE AND ACTIVE LEISURE

You will learn some simple exercises and activities to make you feel healthier and help keep you more active.



GARDENING AND ECO AWARENESS

A practical course to find out how out things grow and to help you to be more aware of your environment, for example how we can recycle.



IPADS AND SMARTPHONES

This short course will help you get started with a tablet and smartphone. Learn how they can help you in your everyday life.



MATHS AND ENGLISH

A course to help you get started with Maths and English. Learn some straightforward skills that you can use everyday.



MATHS AND ENGLISH FOR THE WORKPLACE

A course to help you with everyday Maths and English. Practise the skills you will need at work or when you are out and about using money and keeping time.



PREPARING TO TRAVEL

This course will help you take the first steps to understand and use buses and trains and how to stay safe. You will gain the skills and confidence to increase your independence when travelling.



SKILLS FOR INDEPENDENCE

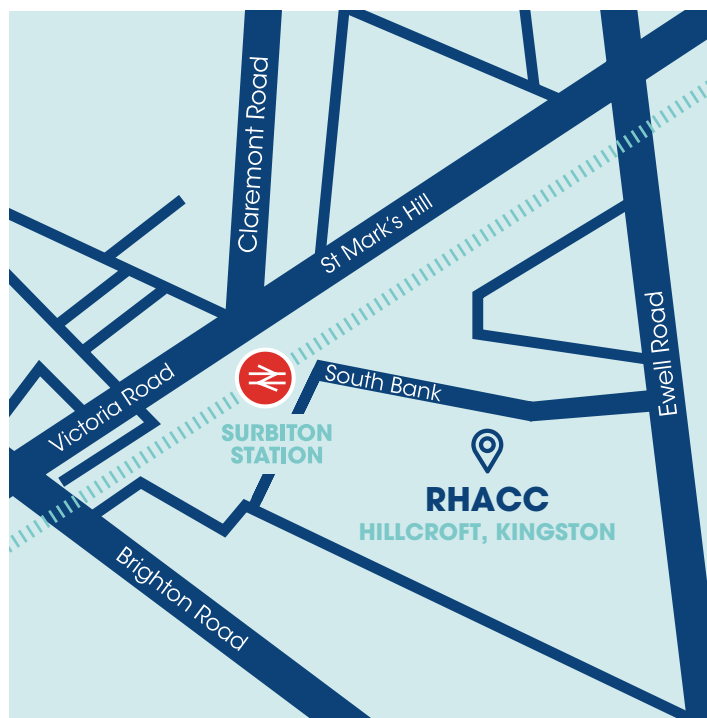
A course to help you live safely at home. Learn how to deal with home safety, dealing with people that may call, what to do when things go wrong at home and how to complete everyday tasks such as cleaning and laundry.





SUPPORTED LEARNING

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RICHMOND (Parkshot Campus)

Richmond, Surrey TW9 2RE

T 020 8891 5907 **E** info@rhacc.ac.uk

KINGSTON (Hillcroft Campus)

South Bank, Surbiton, Surrey KT6 6DF

T 020 8399 2688 **E** info@rhacc.ac.uk



MERTON

RHACC offers a range of courses for adults 19+ with special educational needs and disabilities on behalf of Merton Council. Courses are held in different locations in the Merton area.

For more information or to discuss your needs contact us:

T 07956 934469

E mertonoutreach@rhacc.ac.uk

CONTACT

Richmond and Hillcroft Adult and Community College
Parkshot, Richmond, Surrey TW9 2RE
South Bank, Surbiton, Surrey KT6 6DF

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